



FOOTHILLS COUNTRY
HOSPICE SOCIETY

Gentle Compassion & Expert Care

FOOTHILLS COUNTRY HOSPICE **COMMUNITY REPORT** **2023-24**





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Message to Supporters



As I write, workers are putting the finishing touches on the exterior of the new hospice wing. A year ago, the land upon which the new wing rises was primarily open space, save for a humble stone labyrinth. What a difference a year makes! It's tremendously exciting and a little daunting to witness the emergence of our new wing. More than a space to care for an increased number of residents, however, the new wing represents our vision to take the hospice beyond its walls into the community and to become a provincial centre for excellence in palliative and end-of-life care.

We can't do it without the dedicated and generous support of people like you. You are why we can continue to offer our care to those who need it most free of charge, why we can invest in our staff, volunteers, and facilities, and why we can pursue our vision with confidence and hope.

The transition from open green space to a new hospice wing in less than a year reminds me that life means change; we are, by nature, constantly changing. There's a temptation to resist and guard against change, but as I'm coming to learn, resisting change is like trying to dam a river with a paper towel.

We are changing—for the better, in service of a big vision and in response to growing demand. Even though these changes are good and necessary, they can be challenging as they unfold. That's why we must return again and again to our core ambition and worthy vision: expand the hospice to better meet the demands of an aging population and enhance the end-of-life experience both here at the hospice and in the community we serve.

We must return to our core values of safe, quality care, compassion, dignity and respect, teamwork, volunteerism, and community. These guiding values keep us focused, motivated, and encouraged during times of change.

The last year has been one of planning, development, change, and vision. **We're humbled to be considered a leader in palliative and end-of-life care in the province, but we know there is still much to be done.**

Our vision is for people to live well up until the end, with dignity, respect, and peace. We believe everyone deserves this and are committed to making it happen.

Thank you for your generous support and selfless commitment to this bold and audacious vision. The story continues, and I'm inviting all of our hospice supporters to join us as we write the next chapter together.

Shaun Dyer,
Executive Director

Mission

Embracing quality in living, compassion in death, and support in bereavement to the Foothills community.

Vision

Reaching beyond our hospice walls to help one another through the end of life's journey.

Values



Goals

1. Foothills Country Hospice Society will achieve long-term financial sustainability.
2. Foothills Country Hospice Society is committed to excellence in safe, quality, family-centered care.
3. Foothills Country Hospice Society will continue to embrace a culture that reflects our values.
4. Foothills Country Hospice Society will broaden our reach to encompass compassionate community programming in the Foothills region.

The Hospice Difference

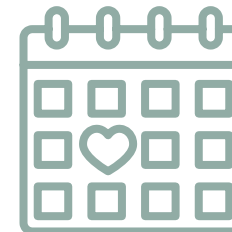
Hospice helps to create space for people to live well right to the end of life. At FCHS, we do this by providing compassionate care that includes pain management, comfortable surroundings, nutritious food, and the freedom for loved ones to come and go 24/7 to be with their person right to the end.



1,489

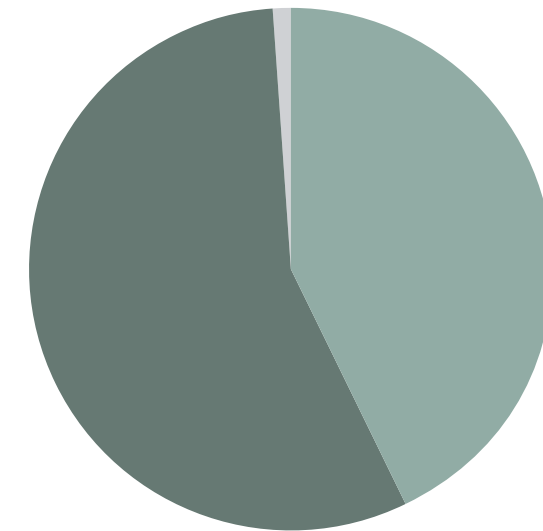
Residents have received care since January 2008.

“We could not be happier with the facility, view out the window, homey feeling, and the care and support we receive from everyone.”
 - Family of a FCHS Resident”



24

Days was the average length of stay at our rural hospice home.



70

Residents were provided with gentle compassion and expert care.

Did You Know?

There is **NO COST** to residents for their stay or meals.

There is no one-size-fits-all solution when it comes to grief. We want to help those who have experienced a loss to find meaning and move through their grief journey to begin the healing process.

58

Individuals received grief counselling, free of charge.

Grief Counselling

Individual counselling is available to anyone in our community who has experienced a loss and who may benefit from more personalized support. We offer up to three 1:1 sessions with a social worker where participants will learn useful coping strategies while being supported in their grief experience.

40

People joined our grief support groups.

Grief Groups

Our monthly grief group is open to anyone who has experienced the loss of a loved one. Participants can expect a monthly topic for discussion and a safe space for connection, sharing your loved one's story, and building peer relationships.

134

Bereavement Boxes were provided to grieving individuals.

Bereavement Boxes

Bereavement boxes support individuals following the loss of a loved one by providing grief resources and coping strategies. It can be a tangible way for someone to have access to resources that they can use in their own time.

Expressive Arts

Our expressive arts therapy program provides opportunities for those experiencing grief to socialize, connect, and share with others. Expressive arts includes a variety of therapeutic and creative events and workshops aimed at helping people process and work through their grief in a supportive environment.

26

People joined our Expressive Arts therapy programming.

Compassionate Conversations

Trained bereavement volunteers will arrange for regular calls with grieving family members to offer a supportive, compassionate ear as their grief journey unfolds. If issues arise that are more in-depth or require further support, volunteers will engage our social work team and additional grief support resources will be recommended.

504

Compassionate phone conversations took place throughout the year.

82

Bereaved individuals participated in our Compassionate Conversations program.



Our Programs

In 2023, we introduced two new no-cost community programs: Nav-CARE (Navigating: Connecting, Advocating, Resourcing, Engaging) and NODA (No One Dies Alone).

68
Hours dedicated to Nav-CARE clients

8
Nav-CARE clients

Nav-CARE

Nav-CARE is a non-medical volunteer companionship program that supports our adult community members who have a life limiting illness. Experienced volunteers visit individuals regularly, help identify and navigate community resources, and nurture a safe and compassionate connection. Nav-CARE volunteers offer support that encourages independence and an improved quality of life.

180
Hours dedicated to NODA patients

11
NODA patients

NODA

No One Dies Alone (NODA) volunteers are companions to the dying, providing comfort and support to the patient and their family. NODA is for patients who are actively dying (expected to die within 12 to 72 hours) and do not have family or friends available to be with them during this time. NODA is also for patients whose family members are exhausted by the mental and physical toll of caring for their loved one and need some respite or support.



Our Services

Our professionally trained staff and volunteers provide around-the-clock end-of-life and bereavement care. Attention is paid to physical needs, expert pain and symptom management, emotional and spiritual well-being, and bereavement support as patients prepare for the completion of their life's journey.

AROUND THE CLOCK END-OF-LIFE CARE

Patient Care

Our professionally trained staff and volunteers provide around-the-clock end-of-life care, specializing in expert pain and symptom management, emotional and spiritual well-being and bereavement support.



REGULAR VISITS FROM OUR FOUR-LEGGED FRIENDS

Pet Therapy

Animal visits bring warmth and comfort to patients and their families. These visits reduce stress and anxiety, provide comfort and bring smiles to everyone's face.



OFFERING SPIRITUAL DISCUSSIONS & CONSULTATIONS

Spiritual Care

We are happy to arrange spiritual discussion and consultation, or simply a supportive visit with spiritual care providers in our community. Upon request, we will also liaise with the resident's faith community or make arrangements with local clergy and pastoral care.

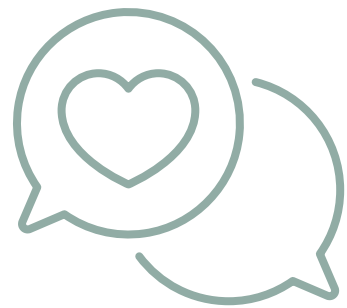




ADVOCATING FOR PATIENTS & FAMILY WELL-BEING

Family Support

As an integral part of our healthcare team, our Social Workers meet with patients and their families to learn more about them, listen to their expressed needs, and offer emotional support. If required, social workers can also assist with providing resources and information for financial concerns, legal issues, and end-of-life planning.



WE ALL GRIEVE DIFFERENTLY

Grief Support

Everyone's circumstances are different, and each person grieves differently. With our expansive grief support program, we offer five types of bereavement programming to suit the differing needs of our clients. All our grief programs are open to anyone in the Foothills community who have experienced the loss of a loved one.



BRINGING HOSPICE CARE TO THE COMMUNITY

Community Support

Through Nav-CARE and NODA, we can provide support to Foothills community members living with a palliative diagnosis who may benefit from volunteer companionship.

Foothills Country Hospice Society is a not-for-profit organization incorporated under the Societies Act of Alberta on April 22, 2002 and is a registered charity under the Income Tax Act. The continued operations of Foothills Country Hospice is contingent on the on-going financial support of Alberta Health Services, fundraising activities and private donors.

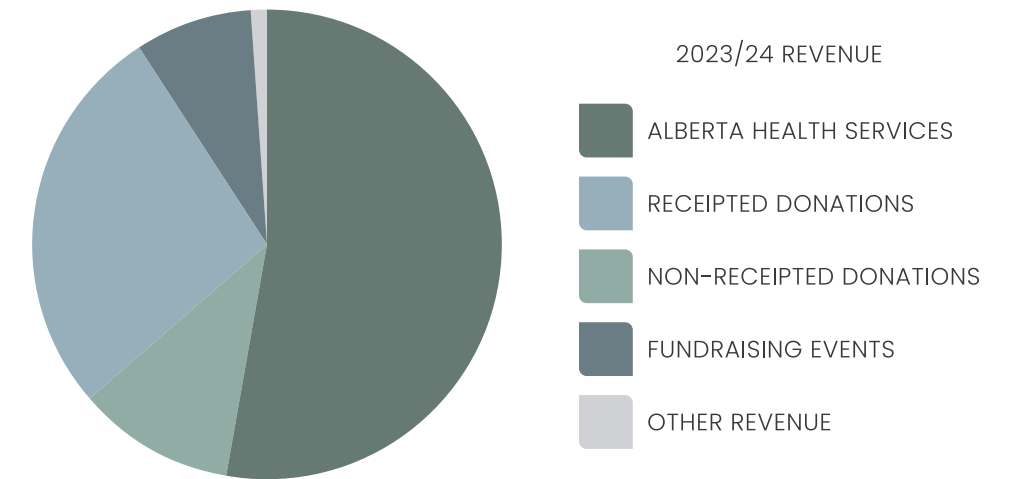
Did You Know?

It costs
\$1,050
per patient
per day

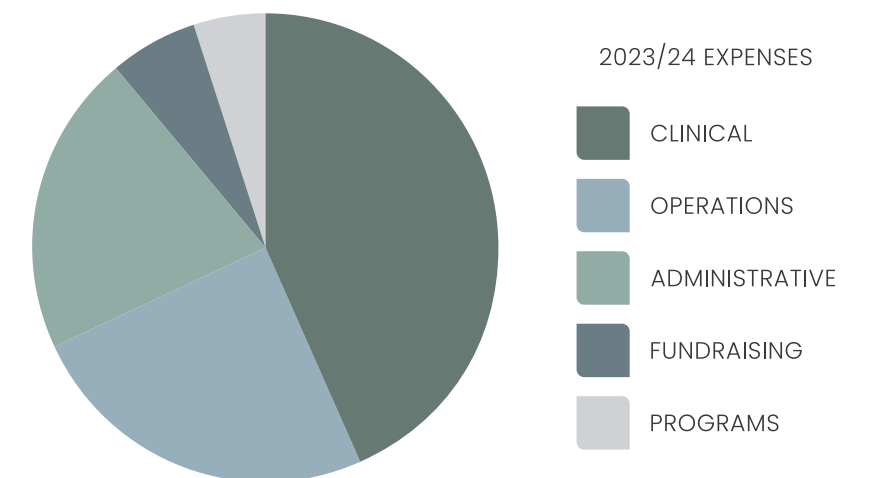
... which is
equivalent to
approximately
\$3.6M
annually

AHS
contributes
53 per cent to
operational
costs and we are
challenged with
fundraising the
remaining
\$1.75M
Shortfall

Where Does Our Money Come From?



Where Does your Money Go?



Volunteers are at the heart of everything we do both here at Foothills Country Hospice and out in the Foothills community.

8,257



Hours of volunteer service

How They Support Us

- Work closely with our clinical team to provide patient care & comfort
- Offer bereavement support to grieving families
- Work alongside kitchen staff to assist with meal preparation
- Perform administration & reception duties
- Help to maintain our facility & gardens
- Assist with fundraising efforts & special events
- Create memoriam scrapbooks & sympathy cards
- Serve on our Board of Directors & committees

114



Volunteers donated their time & talents

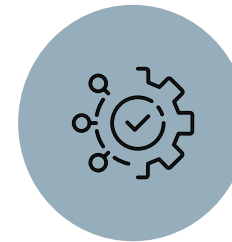
485



Hours of specialized training

Palliative Volunteers

Connecting with our programs means connecting with a supportive team. Foothills Country Hospice has a large pool of palliative and bereavement support volunteers who have taken an additional 30+ hours of specialty training to better serve the hospice and the community with all palliative, end-of-life, and bereavement needs. These volunteers can offer both support and guidance to help maximize quality of life.



Volunteers are an integral part of our multidisciplinary team.



Plenty of meaningful opportunities to volunteer their time & talents.



Ratio of volunteers to Foothills Country Hospice staff is 1:1.



Would you like to ensure terminally ill adults and their loved ones receive the end-of-life care they wish for? Here's how you can help:

Make a Financial Donation

Help ensure terminally ill adults and their loved ones have access to quality end-of-life and bereavement care when they need it most. Your donation will help fund our palliative services and bereavement programs for residents, families, and community members.

Leave a Gift in Your Will

A planned gift provides an enduring way for you to ensure terminally ill patients have access to compassionate, end-of-life care in the Foothills. It can also have tax benefits in the present and for your estate. For more information about leaving a gift in your will, call 403.995.4673 or email funddevelopment@countryhospice.org.

Endowment Fund Contribution

Endowed and long-term gifts have a lasting impact. By endowing and investing these funds with the Calgary Foundation, FCHS benefits from the investment expertise and pooling ability of an organization whose very existence is to enhance our community through sustainability funds. This leaves FCHS free to use its resources to do what we do best: accomplish our mission and vision as a leading specialist in end-of-life and bereavement care.

Become a Hospice Hero

Make a monthly impact and join our Hospice Heroes Monthly Giving Program. Here's how your monthly donation could help:

- \$25/month = A full day of home-cooked meals and snacks for one patient
- \$60/month = Weekly patient linens
- \$80/month = One grief counselling session
- \$120/month = Daily medical supplies

Host a Third Party Fundraising Event

Golf tournaments, BBQs, and concerts are just a few examples of creative ways you can support end-of-life care in the Foothills. By hosting an event in support of Foothills Country Hospice, you would join our community partners who believe in providing expert, compassionate care to terminally ill adults and their loved ones.

“

The ratio of staffing here has allowed our whole experience to be one of humanity and excellence of care.

- Family of FCHS Resident, 2023

”

Sponsorship

We host large-scale fundraising events every year. Each event requires the support of generous sponsors from our community to help fund our expert palliative care and bereavement support. Sponsors receive promotional and advertising recognition in exchange for cash and/or gifts-in-kind to support the Hospice. If you are interested in learning more about our current sponsorship opportunities or have any questions, please contact events@countryhospice.org

Upcoming Sponsorship Opportunities:

2024
Oct 18
Gratitude and Giving Gala
Hospiceopoly

2025
Feb 13
Radiothon
Heart of Hospice

2025
May 4
Hike for Hospice
We raised over \$80,000 in 2024

Wishlist Catalogue

Our online Wishlist Catalogue is filled with items the Hospice uses on a regular basis. If you prefer to see your donation go towards a specific expense, please consider purchasing something from our Wishlist. There are a variety of price points to meet any budget.



Water Supply For A Day
\$40



Resident Bathing Cover Up Towel (5)
\$620



Wall Mounted Air Conditioners
\$6,000

To view the full Wishlist, please visit our website: www.countryhospice.org/support-us

Supporters

We wish to express our heartfelt THANKS to the following individuals and organizations who have made gifts to our hospice this fiscal year (April 1, 2023 to March 31, 2024). We are most grateful to all our donors and community partners who share in our vision to provide compassionate end-of-life and bereavement care in the Foothills.*

3rd Party Fundraisers

The following list represents individuals, families, companies & community organizations who support FCHS by independently organizing a fundraiser & donating the proceeds of their efforts:

Annual Charity Spin Ride – Kathleen Smiley

Bear Tracks Ice Melt – Carson Urlacher

Blackstone Drilling Fluids Limited

Chubb Insurance Company of Canada

COBS Bread Okotoks – Doughnation Day (Lee and Kelly Hodgins)

Fisher Crescent Retail

Kinsmen Club of Okotoks

Tourmaline Oil Corp.

Western Wheel Cares

Colter Energy LP

Hair Today Gone Tomorrow – Samantha McWilliams

Gala Sponsors

The following list represents individuals, families, companies & community organizations who have kindly sponsored the 2023 Gratitude and Giving Gala.

Austen Jewellers

Century 21 Foothills

Curis Rx

Grant Production Testing Services Ltd

Infinite Chartered Professional Accountants

Jadler Industries

Lennirose Holdings Ltd.

Lynnwood Ranch

MacDougall Wealth Management Group



FCHS Executive Director, Shaun Dyer and FCHS Fund Development Officer, Shanon Maksymich were presented with a cheque from Joanne and Kate on behalf of Foothills Ladies Compassion Cup funding Non-Violent Crisis Intervention Training.

Supporters

Harver Ventures Inc.

Sobeys Okotoks

West Legal

Grants

Canada-Alberta Job Grant

FCSS Diamond Valley

FCSS Foothills County

FCSS High River

FCSS Okotoks

Foothills Ladies Compassion Cup

Government of Alberta – PELOC

Peter & Janalee Shutiak Fund

Tom and Ruth Ryan

Galvin Family Fund at Calgary Foundation

United Way of Calgary and Area



The Okotoks Centennial Centre was packed for the Foothills Country Hospice Society's 2023 Gratitude and Giving Gala.

Hike For Hospice Sponsors

The following list represents individuals, families, companies & community organizations who have kindly sponsored the 2023 Hike For Hospice.

Bone and Biscuit

Century 21 Foothills Real Estate – Blair and Bev Gordon

COBS Okotoks (Lee & Kelly Hodgins)

Covet Sips + Sweets

Curis Rx.

Good Time Party Rentals

Mawer Investment Management LTD

McInnis and Holloway Funeral Homes

Murray Mullen

My Family Dental

Okotoks Ford Lincoln

Patel Private Wealth Management RBC

Richard and Michelle Maloney

Snodgrass Funeral Homes

The Eagle

Thornborough Smeltz LLP

Town of High River

Matching Corporate Donors

ATCO EPIC
 Canadian Pacific
 Gibson Energy
 Microsoft
 TELUS Communications Inc

Gifts Over \$500

*This list recognizes the generosity of individuals, foundations, corporations & community groups who have made a contribution of \$500 or more, including gifts-in-kind. * Denotes donors who have also contributed to the Capital Campaign:*

Advantage Energy Ltd.
 Al and Chantal Eadie
 Alice Howden
 Alpine Drywall (Calgary) Ltd.
 Anthony Dicks
 Arnold Davis
 Barb and Dwain Sheldrake
 Betty Thompson
 Bev McIver
 Blackie Lions Club
 Bow River Business Services Ltd.
 Brad Smith*
 Brenda Hochstein

Brenda Salmon-Cherry*
 Brian L. Ward
 Carrie Styczen
 Century 21 Foothills Real Estate*
 Chinook Arch Meadery – Cherie and Art Andrews
 Chris Alexander
 Christo Rabie
 Christine Brisco
 Cliff Ayrey
 Clint Nerbas*
 Colleen Jones
 Country Lane Quilters Guild
 Dale and Kathy Coutts
 Dave and Carol Anderson
 Dave McNalley
 David and Cheryl Griep
 David and Evelyn Jones
 David and JoAnn Gilbert*
 Dawn and Chris LeMaistre
 Dianna Smith
 Donald Manson*
 Donna and Larry Bronson*
 Dorothy Martin
 Doug McKay
 Dr Helen Robinson*
 Dree Thomson

Edward and Lynda Shacklady
 Ferlin Boyer
 Frances Reiss
 Fred Woodlock
 Harry and Anne Jonker
 Heartland Cafe & Restaurant
 Iain MacDougall*
 James C. Lozinsky Prof. Corp.
 Janet Gardner
 Janna Van Tonder
 Jeff Barr*
 Jennifer Zilm
 Jillian Dowding
 Jim and Darlene Goodwin*
 Jim and Debbie Hansen*
 Joanna Scott*
 John Chuipka and Susan Gardner
 John Mauro
 Johnathon Cole Announcing
 Judith S. Felland
 Kathleen Crowell
 Kathy Wedderburn
 Kaye James
 Keith and Edith Menzies
 Keyhole Real Estate*
 Laura Klein

“ *It is so important to us that we be able to eat as a family and the fact that we can have homecooked meals together is such an unexpected blessing.* ”

- Foothills Country Hospice Resident, 2023

Laurie Allan and Tricia Rakos – Century 21 Foothills*
 Les L. and Judy Baisi
 Linda D. Wilson*
 Lori Jean Lacey
 Lurdes MacLachlan
 Lynnwood Ranch*
 Lyle Reeves Funerals Inc.
 Martha and Stewart Parker
 Martin and Cathy Wouterse
 Morgan Tincher and Kimberlee Alexander
 Nicole Dobson
 Paige Shaw
 Pinsan Management Ltd.
 Rhonda Holgate
 Rhonda Meadows*
 Rio Ladies Golf / Highwood Golf Course 65th Anniversary Tournament
 Rita Driedger
 Robert Geddes
 Ross Deglow
 Sheila Heath

Shelley and Paul Herr
 Shirlinell Hopkins
 Southern Alberta Law Offices
 Stuart Mark
 StumpCraft
 Susan and Margaret Karman
 Tom and Elaine Mansfield
 Tony Marchand
 Tracy and Dylan Van Brunt
 Valerie and John McRae
 Wade Peterson
 We Wash Windows
 William and Ellen Gugins

Gifts Over \$1,000

*This list recognizes the generosity of individuals, foundations, corporations & community groups who have made a contribution of \$1000 or more, including gifts-in-kind. * Denotes donors who have also contributed to the Capital Campaign:*

A & S Mechanical
 After Eight Interiors

Ana-Maria Oelschig
 Associated Canadian Travelers – Calgary Club
 Baker Tilly Catalyst
 Barbara Parkinson
 Bart and Terri Holowath
 Brian and Audrey Rowland
 C & H Construction
 Catherine and Andrew Herr
 Catherine Neily
 Chris Fuhr
 Control Tech LP*
 Dale and Michelle Flemming
 Darren Nyhoff
 Dayna Klippenstein
 Debbie and Brad Fraser
 Derek Dawson
 Divinity Energy Ltd.
 Dixie and Tony Webb
 Don Johnston
 Donita Beaulieu
 Donna Wilson
 Doreen and Derrill Goulet*

Supporters

Doreen Nickel
 Doug and Winny McPhail
 Dr. Eric and Louise Wasylenko
 Elaine Proulx
 Elaine Schow
 Eleanor Spotowski
 Elsa Ledezma
 Estate of Mike Birbeck*
 Evan Strong
 G Ray Seney
 Gordon and Michelle Luchia
 Greg and Linda Powell
 Gregory Gordey
 Heather and John Gignac
 Helen and Bernie Richard
 Hilda Armstrong
 James Vangilst*
 Jane Reed
 Jane Welsh
 Jim and Prue McDonald
 John and Eveline Ward
 John Lacey
 Joseph Bleile
 Julie Lamb*
 Kailyn Burton
 Karen and Mike Tiedje
 Kathryn Carter*
 Kimberley McNabb

Ladies Auxiliary – Royal Canadian Legion Branch #78
 Larry Gray
 Laurel Doetzel
 Leslie and Josefina Balogh
 Linda Blasetti
 Louis and Charlene Nagy-Gyorgy
 Macenko Merkley Group, Scotia Wealth Management
 Maryanne Jespersen
 Mason Family
 Matthew Perkin
 Maureen Senior-Rauw
 Michael Lippert
 Michael Peters
 Mina Gee
 Murray and Susan Mullen
 Parex Resources
 Patricia Woods
 Paul Frederick
 Paul Kroon
 Pegi McGill
 Rebel Bean Roasters Inc
 Richard Dingeldein
 Robert Vargo
 Russell DeCarle
 Sean Foley

Shaun Dyer
 Shirley Goerlitz
 Spinney Family
 Springbank Lions Club
 St. Aidans Church
 Stan and Heidi Siewert
 Stephen Mahler
 Tannis Gibson and Gord Dunham*
 Terry Allwarden
 The Grogan Family
 Timber Creek Homes
 Tracy and Wilf Middleton
 Zaheer Family

Gifts Over \$5,000

*This list recognizes the generosity of individuals, foundations, corporations & community groups who have made a contribution of \$5,000 or more, including gifts-in-kind. * Denotes donors who have also contributed to the Capital Campaign:*

Allan and Rose Ann Herchek*
 Barbara Miller
 Carson and Simone Urlacher*
 Charlotte Fredericks
 Cindy Kruschel
 David and Leslie Bissett



Cheque presentation from the Kinsmen Club of Okotoks who host an annual wood bat slo-pitch tournament honouring the memory of a member while raising funds for the Hospice.

Doug and Joyce Rash
 Foothills Energy Co-operative
 George Huff
 In Memory of Sheila Ann Irene Spinney
 Jodie and Trevor Reidlinger
 Margaret Thiessen
 Matthew Vyse
 McFarlane Agencies
 Midwest Sports Ltd.
 Morjean Resource Service Ltd.

Rotary Club Of Calgary Sarcee
 The Family of Norma Cooke
 Valorie MacLeod

Gifts Over \$10,000

*This list recognizes the generosity of individuals, foundations, corporations & community groups who have made a contribution of \$10,000 or more, including gifts-in-kind. * Denotes donors who have also contributed to the Capital Campaign:*

2023 Alberta Summer Games*

Supporters

Castiglione Family Foundation
 Doug Dirks
 Estate of Robert O'Callaghan
 Fraser Family Foundation – Gail and Kelly Fraser
 Joyce Wunderlich
 Laurie and Ian Currie
 Niemans Drilling & Sons Ltd
 Paul and Jana Hicke
 Sandra Graham
 Sobey's Okotoks
 The Sheila Spinney Gift Fund
 Tudor Ridge Foundation*
 Westcor Construction Ltd.*

Gifts Over \$25,000

*This list recognizes the generosity of individuals, foundations, corporations & community groups who have made a contribution of \$25,000 or more, including gifts-in-kind. * Denotes donors who have also contributed to the Capital Campaign:*

Cox Family Foundation (Marg Cox)*
 Margaret Southern*

Supporters

Gifts Over \$50,000

This list recognizes the generosity of individuals, foundations, corporations & community groups who have made a contribution of \$50,000 or more, including gifts-in-kind. * Denotes donors who have also contributed to the Capital Campaign:

Estate of Marilyn Martina Bayes

Glen Russell in memory of Marleen Russell

Jack Endersby Farm Ltd.

David and Leslie Bissett Fund at Calgary Foundation*

Gifts Over \$100,000

This list recognizes the generosity of individuals, foundations, corporations & community groups who have made a contribution of \$100,000 or more, including gifts-in-kind. * Denotes donors who have also contributed to the Capital Campaign:

The Richard and Suzanne Krol Family Foundation

Integrity Group of Companies



The Integrity Group with the first delivery of in-kind lumber donation for expansion. January 2024

A Heartfelt Thank You to Our Community

At Foothills Country Hospice, every act of kindness, no matter the size, plays a vital role in ensuring we can continue to offer compassionate care to our residents and their loved ones. In 2023-24, our community came together in countless ways to support our mission. From small monthly donations to one-time gifts, your generosity has touched lives, offering dignity, comfort, and peace during life's most challenging moments.

We are deeply grateful to each and every one of you. Whether you contributed through our special events, became a monthly donor, or offered support during moments when it was needed most, your dedication made a difference.

Together, we create a compassionate, caring space for all those in need.

Board of Directors

2023-2024 FCHS Board of Directors

Dr. Allison Bichel, Chair

Matthew Vyse, Vice-Chair

Brad Smith, Treasurer

David deMedeiros, Nominating Chair

Catharine Neily, Secretary

Dr. Mary Dougherty, Director

Sean Foley, Director

Dorothy Martin, Director

Kimberley McNabb, Director

June Diment, Director

Tracy Van Brunt, Director

Rick Quail, Director

All of us here at Foothills Country Hospice truly appreciate your support. We believe in providing the utmost care and compassion for those we serve. Together, we are making a difference in hospice palliative care in the Foothills.

To learn more about supporting the Hospice, please visit: www.countryhospice.org/support-us

Proudly Associated With





Foothills Country Hospice Society (FCHS) is a leading provider of compassionate end-of-life care and bereavement support services. Located just north of Okotoks, Alta., surrounded by forested landscapes, sweeping fields, and scenic mountain views, FCHS serves the Foothills and Calgary communities, providing residents and their loved ones with respectful, compassionate, quality care, including palliative expertise, end-of-life navigation, bereavement, and community supports. FCHS offers a unique eight-bed residential hospice experience which includes home-cooked meals and individualized private rooms furnished to create a touch of home and sense of self for residents.



**FOOTHILLS COUNTRY
HOSPICE SOCIETY**

Gentle Compassion & Expert Care

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