



FOOTHILLS COUNTRY
HOSPICE SOCIETY
A COMPASSIONATE END-OF-LIFE JOURNEY

2018

Community Report



FOOTHILLS COUNTRY HOSPICE SOCIETY

April 1, 2018 – March 31, 2019

Between April 1, 2018 and March 31, 2019

Message from the Executive Director

Thanks to our community's generosity, we had a great year in fundraising. Your support enabled us to continue providing specialized, compassionate end of life care to 92 residents and their loved ones.

Our 2nd annual Hike for Hospice in May 2018 raised just over \$50K. The weather was lovely, we had a wonderful turnout and it was great to see so many families (and their pets) from all walks of life come out to support us. Thank you! We also benefited from several 3rd Party Fundraisers and give our heartfelt thanks to the various businesses and organizations that chose to raise funds on our behalf.

We held our first ever Rally 4 Hospice & 10 Years of Caring Gala fundraiser on August 11th, 2018 raising an extraordinary \$407,000 – including financial support for eight new resident beds! It was truly an incredible day of philanthropy and we were overwhelmed by the generous support of those in attendance. Be sure to visit our Website and Facebook page for photos of some amazing cars!

In March 2019 we received an Accredited with Commendation award from Accreditation Canada. Surveyors conducted an independent assessment of our organization based on best practices in health care. Thanks to our dedicated working groups we met 96% of the standards set by Accreditation Canada, which is quite an achievement!

I would like to extend a very special thank you to Okotoks Sobeys / the Gilbert Family for continuing to donate the food for our residents, which they have been doing since we opened our doors 11 years ago. Thank you!!

As we begin to envision what the future has in store for Foothills Country Hospice, we're excited to move along a path that supports resident and family centered care at the forefront of everything we do. Stay tuned for the launch of our new strategic direction in 2020!

On behalf of myself, our Board of Directors, employees and volunteers, I would like to thank you for supporting our vision in ensuring we have the financial means to continue providing exemplary end-of-life and bereavement care in the Foothills.

In gratitude,
Dawn Elliott

2018-2019 Board of Directors

David Moss, Interim Chair

GM, Canadian Cattlemen's Association

David deMedeiros, Secretary

HR Specialist, Enbridge

Adam Stepa, Treasurer

Partner, Infinite Chartered Accountants

David West, Vice Chair

Barrister & Solicitor, West-Legal

Allison Bichel, Director

Senior Provincial Director, AHS

Bob Buchanan, Director

Retired Financial Services Industry Executive

Tiffany Gordon, Director

Teaching Professional, PGA of Canada

Linda MacNaughton, Director

Director of Resources & Community Development, Prostate Cancer Centre

Linda McNally, Director

Community Leader Extraordinaire

Karen Nielsen, Director

Senior VP and General Manager - Generation, ATCO Group

Dr. Greg Powell, Director

Professor Emeritus, University of Calgary and Founder of STARS (Shock Trauma Air Rescue Service) & STARS Foundation

Foothills Country Hospice is proudly associated with:



Our Purpose

Mission

Foothills Country Hospice Society (FCHS) offers a serene, country setting where residents and their loved ones receive exemplary end-of-life and bereavement care.

Vision

FCHS embraces innovation and delivers specialized, holistic, compassionate end of life care in a sustainable and positive environment.

Values

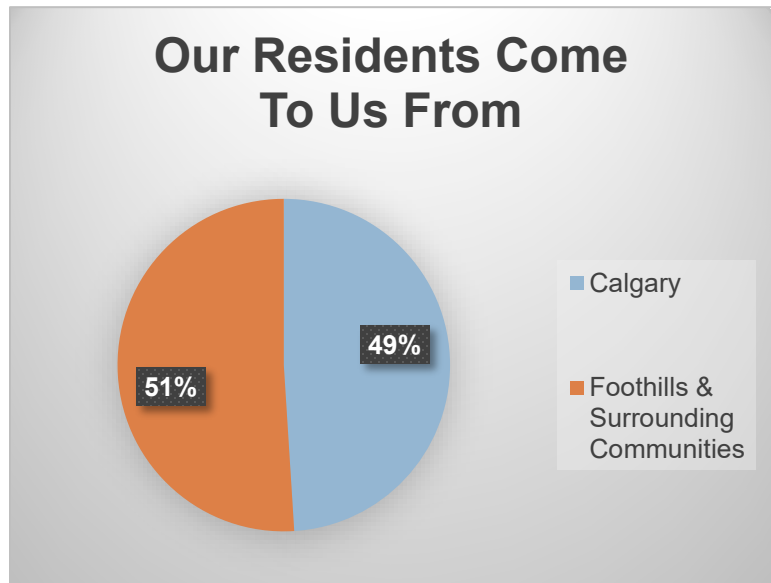


Comforts of Home

Located in a serene, country setting, Foothills Country Hospice is an eight-bed, rural hospice home designed to care for terminally-ill residents and their loved ones. The focus on all aspects of our care is on quality of life. Attention is paid to physical needs, expert pain and symptom management and emotional and spiritual well-being as residents prepare for the completion of their life's journey.

Since opening our doors in January 2008, the Foothills Country Hospice has cared for more than 1,100 residents and their loved ones.

"We are very honoured to have mom placed in the care of your facility. The compassion, friendly smiles, hearty meals, clean room and incredible care from all the wonderful staff really helped mom to feel comfort throughout her courageous battle with cancer. The nurses, housekeepers & kitchen team became like family members. We will miss our daily chats, a shoulder to cry on and the warm hugs you gave us all. Thank you just doesn't seem to be enough." - Family Member / August 29, 2018



92

Residents were provided around the clock end-of-life care at Foothills Country Hospice



27

Days was the average length of stay at our rural hospice home

did you know? \$0

There is **NO COST** to our residents for their stay or meals while they are with us.

Caring for Loved Ones

Foothills Country Hospice is a place of refuge where all of us – staff, volunteers, Board of Directors and supporters – work to create an atmosphere of care and dignity for those we serve who are near the end of their physical lives, including bereavement support for loved ones.



115

Loved ones participated in our monthly Journeying through Grief support group

Grief Connections

Our monthly, drop-in group is for loved ones of residents who have passed at our Hospice. It is a gentle place for non-judgmental peer supports and connecting with others on similar journeys.

Compassionate Conversations

Specially trained Hospice volunteers will call bereaved families once a month (for up to one year) to offer a compassionate ear. If issues arise that are more in-depth, volunteers can engage social work or spiritual care supports.



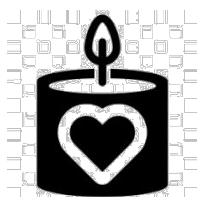
90

Loved ones participated in our Compassionate Conversations Program



116

Phone calls were made by Hospice volunteers to Compassionate Conversations participants.



70

Loved ones gathered together for our twice yearly In Memoriam Tea

In Memoriam Service & Tea

Families are invited for this time of reflection and remembrance, in both Spring and Fall, to honour those who have passed at our Hospice.

“I am so happy that we brought my father to Foothills Country Hospice for his last days. The staff and volunteers make you feel like family. They are there for your sick family member and are also there to help you through the grief you are feeling. They help you through your darkest days. A truly wonderful place.” — Family Member / November 6, 2018

Volunteers Are at the of What We Do

Volunteers are an integral part of Foothills Country Hospice's multi-disciplinary team.

They are a group of multi-talented, compassionate and caring people - their commitment unwavering. Many have been with us since the Hospice first opened its doors in 2008. Our volunteers help us by:

- Providing resident and family care and comfort
- Assisting with fundraising efforts and involvement on special event committees
- Taking on administration and reception roles
- Working alongside kitchen staff to prepare meals and treats for residents and families
- Helping to maintain our facilities and gardens
- Serving on our Board of Directors and committees



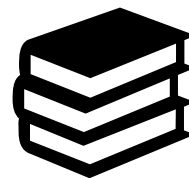
97

Volunteers donated their time & talents to Foothills Country Hospice



10,658

Hours of Service



224

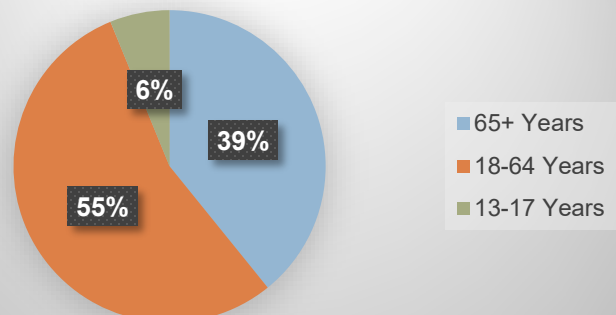
Hours of specialized palliative care and bereavement training

“If I could give a 10 star rating I would. The staff and **VOLUNTEERS are absolutely amazing. They were thoughtful and compassionate, and they made my Mother's last few weeks of her life as comfortable as they could possibly be. I would like to thank everyone at Foothills Country Hospice for taking such great care of mom.”** - Google Review / March 2018

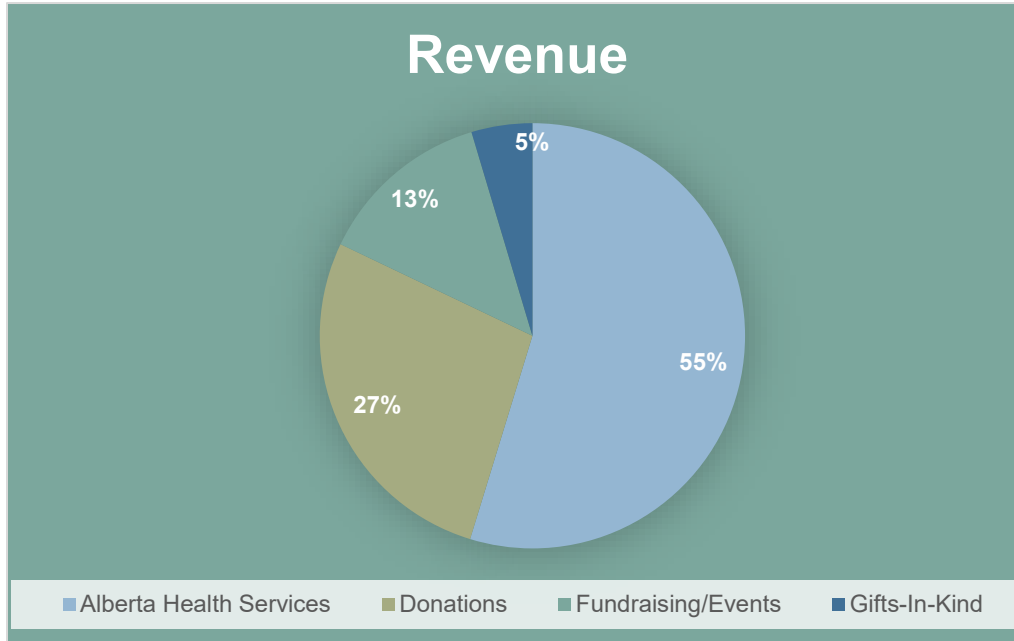
“Simple hugs of appreciation from a family member. The touching moments when there are no words, just tears and appreciation. The families calling us angels. A patient saying “I love you” to me. The personal stories that are shared in confidence, that lighten a patient's heart when they need to let it go.”

- Foothills Country Hospice volunteer

Volunteer Age Range



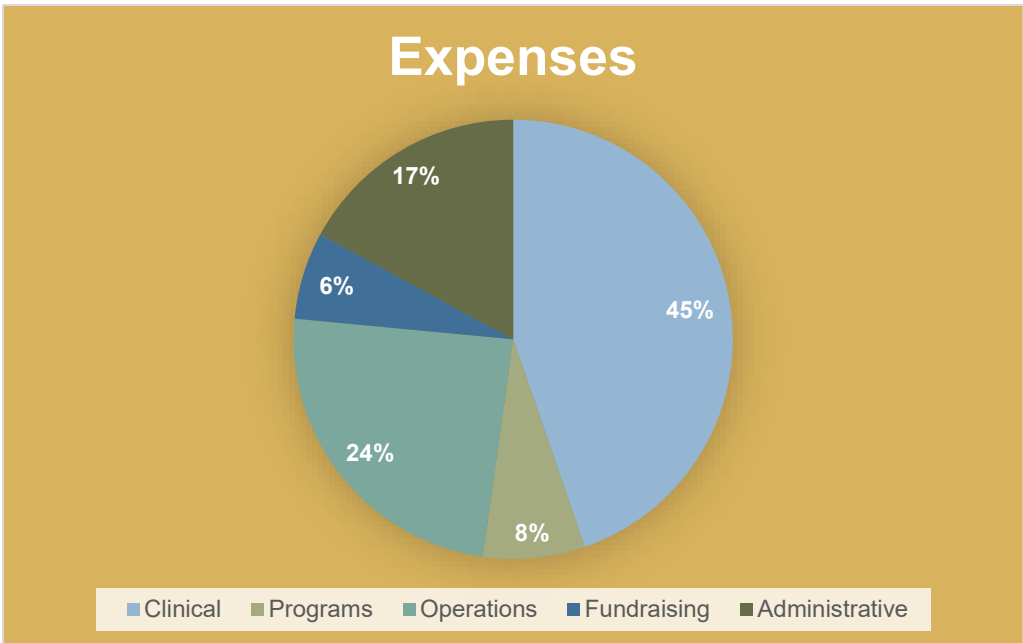
Where Does Your Money Go?



**It costs
\$1,035
per
resident
per day**

... which is equivalent to just over \$3M annually.

**AHS
contributes
57% and we
are
challenged
with
fundraising
the
remaining
\$1.3M
shortfall**



The Hospice Difference

*“Unlike the sobering atmosphere of a hospital, the Foothills Country Hospice emanates sweet solitude and soulful comfort, welcoming terminally ill residents and their families into the warm embrace of hospice care. **It is a merciful stopover on the homestretch of life.**”* – Pat Fream, Journalist - Routes Magazine



According to a 2009 study, **only 16% to 30% of Canadians** who die currently have access to or receive hospice palliative and end-of-life care services -- and even fewer receive grief and bereavement services [an integral part of the high-quality, end-of-life care we provide at the Foothills Country Hospice]. These statistics are even more alarming in rural locations.

- Canadian Hospice Palliative Care Association

Would you like to ensure terminally-ill adults (and their loved ones) receive the end-of-life care they wish for? **HERE'S HOW YOU CAN HELP:**

Financial Donation

Your donation will help fund our palliative programs and support services for residents and their families – where attention is paid to physical needs, expert pain and symptom management, and emotional and spiritual support as our residents prepare for the final phase of their life's journey.

Wish List

There are a few special items that we would love to have to better assist with providing expert palliative care and support to loved ones. If you wish to donate funds towards a specific item, visit our Wish List online at countryhospice.org/wish-list

Third Party Events

From Golf Tournaments to Jell-O Sales, BBQs to Fashion Shows, our friends and neighbours have found creative ways to support end-of-life care in the Foothills. To learn more about organizing a Third-Party Fundraising Event, visit countryhospice.org/third-party

All of us here at Foothills Country Hospice truly appreciate your support. We believe in providing the utmost care and compassion for those we serve. Together, we are **making a difference for hospice palliative care** in the Foothills.

Celebrating our Supporters

We wish to express our heartfelt **THANKS** to the following people and organizations who have made gifts to our hospice this fiscal year (April 1, 2018 to March 31, 2019). We are most grateful to all our donors and community partners who share in our vision to provide compassionate end-of-life and bereavement care in the Foothills.

Third Party Events

The following list of events represents individuals, families, companies and community organizations who support our programs and services by independently organizing an event and donating the proceeds of their fundraising.

Big Rock Singers Spring Performance
Chinook Honey Company Christmas at the Hive
Darcy the Hawker Jell-O Sales
COBS Bread, Centennial Village BBQ
Calgary Senior Oilmen's Putting Contest
Ginger Laurier Fashion Show
The Order of St. Lazarus Raffle

Annual Donors

This list recognizes the generosity of individuals, foundations, corporations and community groups who have made a contribution of \$500 or more, including gifts-in-kind.

Undisclosed Donations

Ken Warnick

\$500,000+

Estate of Brenda Lois Smith

\$100,000 – \$249,999

Estate of Randy L O'Dell

\$10,000 - \$49,999

Anonymous
Bar None Ranches
Bissett, David A.
Bow Mark Paving
Burns, Jim
Castiglione Family Foundation
Comedy Productions Inc.

\$10K - \$49,999 (cont'd)

Davis, Anthony
Endersby, Susan
FCSS, M.D. of Foothills
Hancock, Eric †
Lefebvre, Marvin
Miller, Brian & Debbie
Nolin, Jerry
Ramsay, Susan & Doug
Sobeys Okotoks
Southern, Margaret
The Calgary Foundation

\$5,000 - \$9,999

Anonymous
Ardiel Agencies
Associated Canadian Travelers Calgary Club
Big Rock Singers
Bissett, Leslie E.
Blanchard, Veronica & Peter
Brandt Lake Wagyu
Brasso, Einar & Donna
Brown, Bernie & Marg
Brown, Brad
CEDA
Chinook Honey Company
Colter Energy
Corbett, Herb
Currie, Laurie & Ian
FCSS, Town of High River
Fraser Family Foundation
Friesen, Bob & Bev
Germaniuk, Jeff
Glenbow Ranching
Granary Road
Highwood Wildrose
Constituency Association
Huff, George
Hahmo, Kari
Lock, Brent
Marchand, Tony
McFarlane Agencies
Mercier, Robert & Carolyn
Midwest Sports
Owens, Rob
Patel, Eva & Mitesh
Philpott, Sherry
Rogers Insurance

Seney, Ray
Sirocco Golf Club
The STASH Luxury Garages
Thompson, Mary †
Warner Business Park
Wedderburn, Angie
Western Communities Foundation
Wood, Rory

\$500-\$4,999

A. Leduc Developments Ltd.
Alberta Mackenzie Provincial Catholic Women's League
Annapolis Capital Limited
ATCO EPIC - Pipelines & Liquids
ATCO Gas
B & J Farms
Baker, Jon
Ball, David & Jody
Ball, Michelle
Banks, Jason
Bartnik, Sean
Base Contractors Inc.
Baxter, Milt
Bear Excavating Ltd.
Berg, Anna
Bews, Margaret
Big Rock Brewery
Bissett, Leslie E.
Bow Mark Paving
Bradley, Clay
Brecht, Lydia
Breslawski, Lenore
Brown, Sharlene
Campbell, Brenda
Canadian Pacific
Candela Group Ltd
Carleton, John
Carter, Jill
Case, Dale
Castiglione, Rick
CCI Inc.
Century 21 Foothills Real Estate
Certarus
Cherrington, Sabrina
Christ The Redeemer Catholic Schools
Christine's No Frills
Chupik, Harry
CJ Talbot and Company Inc.

Between April 1, 2018 and March 31, 2019

\$500-\$4,999 (cont'd)

Coakwell, Gerry and Barb
COBS Bread Centennial Village
Convergint Technologies Ltd.
Coonfer, Douglas & Heather
Cooper, Erlene
Cox, Marg
Crawford, Ann Crawford, Rani
Cricklewood Interiors
Demers, Joan
Doetzel, Laurel
Dowding, Jillian
Driedger, Harvey
Edels, Davis
Elliott, Dawn
Farris, Mark
FCSS, Town of Black Diamond
FCSS, Town of Turner Valley
Feedlot Health Mgmt. Services
Ferguson, Verlyn
Fern Leaf Rebekah Lodge No. 36
Foothills School Division No. 38
Fortis Alberta
France, Wendy
Francis, Robert
Fraser, Doug
Frederick, Paul & Linda
Fredericks, Charlotte and Tom
Friesen, Frank R.
Gardner, Doug
GEM Express Ltd
Gilbert, Rae & Don
Gillard, Stuart
Ginger Laurier
Golins, Sharon A.
Good Time Party Rentals
Gordon, Beverley
Goulet, Doreen & Derrill
Graham, Deb
Graham, Marlene
Gray, Lawrence & Jane
Gray, Marilyn S.
Great West Life
Green, Gerald
Halbauer, John
Hallmark Does Hair
Hardy, Gord
Harley & Jane Kinzer
Hauser, Don and Cathy
Henning, Heinz
Hills, Ann
Hoppins, William and Norma
Hutchinson, Kenneth
Jerry 5 Wood Foundation
Johnson, Gail
Johnston, Arthur
Jonker, Harry & Anne
K.C. Landscaping & Maintenance
Kathryn Carter
Knights of Columbus Council 7092
Kooistra, Ray & Joyce
Koppang, Shauna
Korth, Terry
Kosek, Reece & Lori
Kelm, Olive
Kinsmen Club of Okotoks
Kyba, Paul
Lacey, John
Ladies Auxiliary Fraternal Order
of Eagles
Landry, Kathy
Lang, Anne
Langford, Jeff
Lazorko, Robert
Lea-Makenny, Susan
Lee, James
Lievaart, Paul & Beth
Loblaws Inc
Longson, Donna
Lowden, Nancy
MacDonald, Larry
Maguire, Brad
Mansfield, Elaine
Marks, Marilyn & Roland
Martin, Gary
Mawer Investments
Mazar, Fred A.
McCool, Tara
McGill, Margaret
McKay, Jacqueline
McKelvey, Margaret
McPhail, Doug & Winny
Meena, Dustin
MEG Energy
Melnyk, Robert
Mercedes Benz Country Hills
Mercier, Elizabeth
Middleton, Tracy
Miller, Gale
Mills, Ray
Moir, Doris
Moretta, David
Morrow, Glen & Sandra
My Family Dental
Nascar Edmonton
Neufeld, Janette and Daniel
Neufeld, Paul and Edna
Okotoks Bottle Depot
Okotoks Firefighters Association
Okotoks Western Wheel
Oliver, Kathy
OMEX Oilfield Services
Onheliger, Ken and Marion
Parker, Winston
Paypal Giving Fund Canada
Perkin, Matt
Peters, Nancy K.
Phillips, Laurel
Pollard, Terry
Portlock, Delphine
Powell, Annie & Rob
Precision Drilling Corporation
Pyper, Bill
Quigley Electric Ltd.
Quigley, Brian & Jean
Quigley, Lee
Rainbow Country Dancers
Reiss, Frances
Remax First
Remington Laser Dermatology
Revive Laser & Skin Clinic
Riversedge Racing
Roads West Engineering
Robinson, Michael P. & Ivy
Rosell, Larry "Dean"
Rotary Club of Calgary Sarcee
Rotary Club of High River
Rotary Club of Okotoks
Rowland, Brian
Sadler, Doug
Sanderson, Loralee
Savartka, Donna
Schmid, Wilhelm
Scott, John
Shacklady, Ted
Siggelkow, Tom
Sim, John
Sinclair, A. Duncan
Sinfield, Melanie
Smith, Ken
Smith, Marg
Sony Canada
Spalding, Lee
Spalding, Steve
St. Aidans Church
St. James Parish
St. Peters Anglican Church
Stadnick, Larry and Leslie
Stampede Road Race Society
Stevenson, Maxine
Sutor, Jodie
Sullivan, Elizabeth
Swartz, Della
Sweet, Garry
Tait, Deb
Tannas, Douglas
Thomas, Rita
Timothy Fred's Furniture
Torriss, Susan
United Way of Calgary And Area
Village Lane Dental Centre
Vitality Fitness South
Ward, Brian
Warren, Shannon
Wasylenko, Eric A.
Wasylenko, Mike
Weir, Audrey
West, David
Wheaton, Paul
Whiteside, Bob & Lily
Widas, David
Wiebe, Garry
Wiebe, Wallace C.
Wiersma, Jim
Williams Group
Willumsen, (Tatiana A.) Tania
Willumsen, Debbie & Ian
Willumsen, Erin
Woodlock, Fred
Wray, Kemis
Wynonna Earp Season Three Inc.

Contact Us

**Box 274
322001 32nd St
Okotoks, AB
T1S 1A5**

**403.995.4673
info@countryhospice.org
countryhospice.org**

Find us on

