



Foothills Country
Hospice Society
countryhospice.org

FOOTHILLS COUNTRY HOSPICE SOCIETY

2017-18 COMMUNITY REPORT

April 1, 2017 – March 31, 2018

Message from the Executive Director

Happy Anniversary! January 2018 officially marked 10 incredible years since we opened the doors to Canada's first purpose-built, rural hospice home. Because of your extraordinary generosity, we have been able to provide expert, compassionate care to more than 1000 patients and their loved ones.

In addition to our 10th Anniversary, we had many reasons to celebrate this past year, including the phenomenal success of our first annual Hike for Hospice – raising close to \$65K. We also had tremendous support from a number of community 3rd Party Fundraisers. Our annual fall gala took on a Vegas Nights theme and surpassed our fundraising goal of \$208,000. It was truly an incredible evening of philanthropy and we were overwhelmed by the generous support of those in attendance. Be sure to check our Facebook page for photos.

I would also like to extend a special thank you to Sobeys Okotoks and the Gilbert Family for once again donating all the food for our patients. Words cannot express how truly grateful we are for their continued support over the past nine years.

As we begin to envision what the next 10 years will look like, we're excited to move along a path that supports patient centered care at the forefront of everything we do. Stay tuned for the launch of our new strategic direction in 2019!

On behalf of myself, our Board of Directors, staff and volunteers, thank you so much for supporting our vision and ensuring we have the financial means to continue providing exemplary end-of-life and bereavement care in the Foothills.

In gratitude,

Dawn Elliott

2017-2018 Board of Directors

Pamela McLean, Chair

Principal Owner, Creative Information Solutions Inc.

David deMedeiros, Vice Chair

HR Specialist, Enbridge

Adam Stepa, Treasurer

Partner, Infinite Chartered Accountants

David West, Secretary

Barrister & Solicitor, West-Legal

David Moss, Past Chair

Co-Founder, AgriClear Inc.

Lorinda Brinkhurst, Director (†)

Advisor, Health Association Nova Scotia's PLAR program

Bob Buchanan, Director

Retired Financial Services Industry Executive

Tiffany Gordon, Director

Teaching Professional, PGA of Canada

Linda MacNaughton, Director

Director of Resources & Community Development, Prostate Cancer Centre

Linda McNally, Director

Community Leader Extraordinaire

Karen Nielsen, Director

Senior VP and General Manager - Generation, ATCO Group

Karen Pitze, Director

Retired Vice President, National Client Group, RBC

Foothills Country Hospice is proudly associated with:



Our Purpose

Mission

Foothills Country Hospice Society (FCHS) offers a serene, country setting where patients and their loved ones receive exemplary end-of-life and bereavement care.

Vision

FCHS embraces innovation and delivers specialized, holistic, compassionate end of life care in a sustainable and positive environment.

Values



Comforts of Home

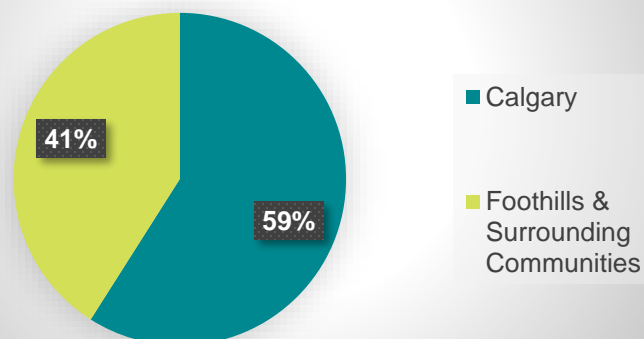
Located in a serene, country setting, the Foothills Country Hospice is an eight-bed, rural hospice home designed to care for terminally-ill patients and their loved ones. The focus on all aspect of our care is on quality of life. Attention is paid to physical needs, expert pain and symptom management and emotional and spiritual well-being as patients prepare for the completion of their life's journey.

Since opening our doors in January 2008, the Foothills Country Hospice has cared for more than 1000 patients and their loved ones.

"The most amazing experience I have ever experienced in this final stage of life. Our mum was a patient and the care, compassion and love was exemplary. The dignity they give to their patients and thought to every detail is very visible and does not go unnoticed. They are living Angels 100%. Thank You Foothills Country Hospice ♥"

- Foothills Country Hospice patient family member

Our Patients Come To Us From



92

Patients were provided around the clock end-of-life care at Foothills Country Hospice



31

Days was the average length of stay at our rural hospice home

did you know? \$0

There is **NO COST** to our patients for their stay or meals while they are with us.

Caring for Loved Ones

The Foothills Country Hospice is a place of refuge where all of us – staff, volunteers, Board of Directors and supporters – work to create an atmosphere of care and dignity for those we serve who are near the end of their physical lives, including bereavement support for loved ones.



102

Loved ones participated in our monthly Journeying through Grief support group

Journeying through Grief

Our monthly, drop-in group is for loved ones of patients who have passed at our Hospice. It is a gentle place for non-judgmental peer supports and connecting with others on similar journeys.

Compassionate Conversations

Specially trained Hospice volunteers will call bereaved families once a month (for up to one year) to offer a compassionate ear. If issues arise that are more in-depth, volunteers can engage social work or spiritual care supports.



76

Loved ones participated in our Compassionate Conversations Program



378

Phone calls were made by Hospice volunteers to Compassionate Conversations participants.



50

Loved ones gathered together for our twice yearly In Memoriam Tea

In Memoriam Service & Tea

Families are invited for this time of reflection and remembrance, in both Spring and Fall, to honour those who have passed at our Hospice.

“Although we were only at the hospice for a short while, we quickly fell into the family setting. The care was fantastic, communication smooth, understanding and empathetic. All the caregivers felt like friends. Thank you from the bottom of my heart.” — Journeying through Grief participant

Volunteers Are at the of What We Do

Volunteers are an integral part of the Foothills Country Hospice's multi-disciplinary team.

They are a group of multi-talented, compassionate and caring people - their commitment unwavering. Many have been with us since the Hospice first opened its doors in 2008 and share in our 10th Anniversary milestone. Our volunteers help us by:

- Providing patient and family care and comfort
- Assisting with fundraising efforts and involvement on special event committees: Art with Heart, Hike for Hospice and Vegas Nights Gala
- Taking on administration and reception roles
- Working alongside kitchen staff to prepare meals and treats for patients and families
- Helping to maintain our facilities and gardens
- Serving on our Board of Directors and committees



127

Volunteers donated their time & talents to the Foothills Country Hospice



10,572

Hours of Service



210

Hours of specialized palliative care and bereavement training

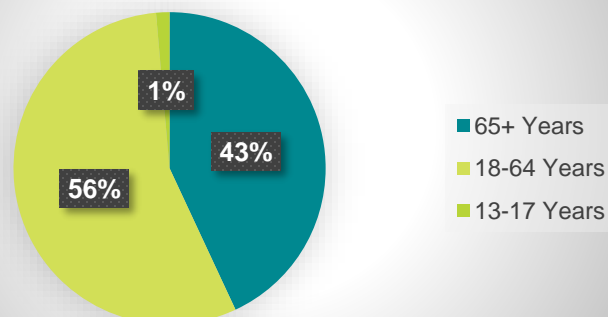
My entire family can't say enough regarding the compassionate care shown my wife. The **VOLUNTEERS and staff are amazing people. My wife was so appreciative of the care provided. God bless you all.**

- Foothills Country Hospice patient family member

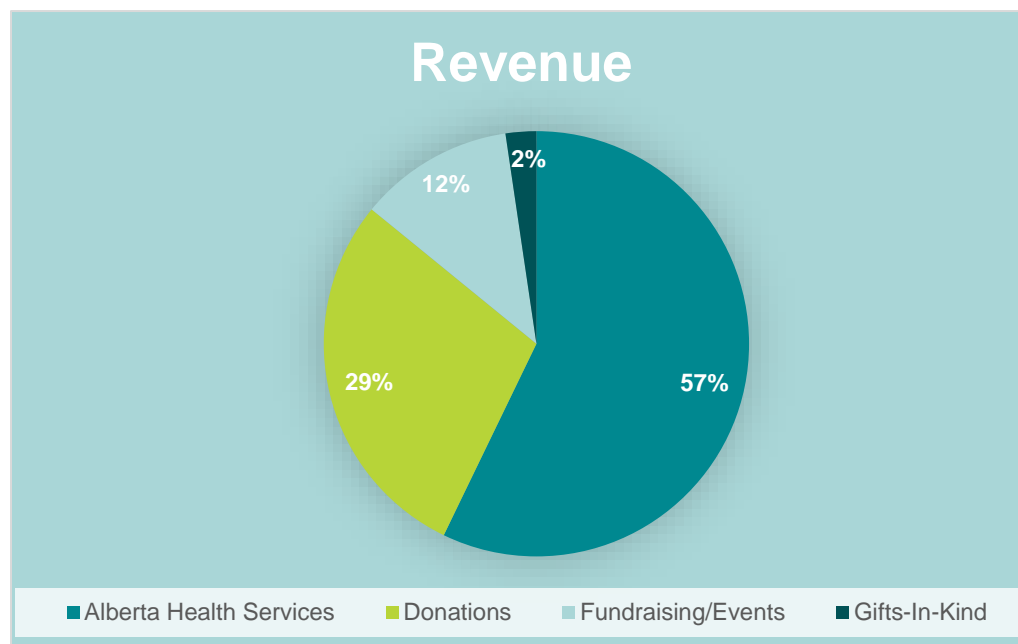
"Simple hugs of appreciation from a family member. The touching moments when there are no words, just tears and appreciation. The families calling us angels. A patient saying "I love you" to me. The personal stories that are shared in confidence, that lighten a patient's heart when they need to let it go."

- Foothills Country Hospice volunteer

Volunteer Age Range



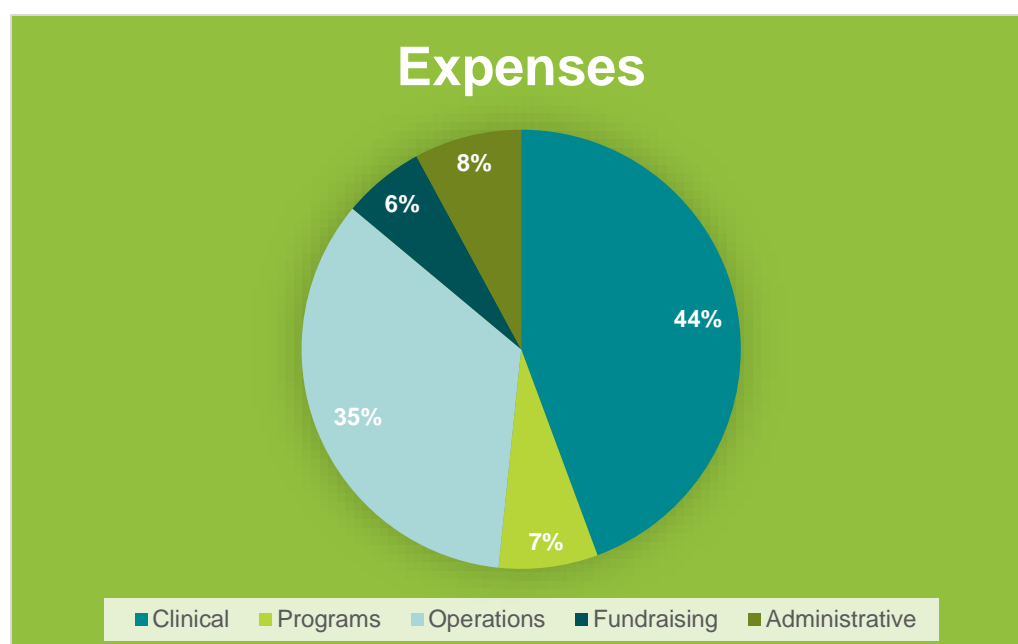
Where Does Your Money Go?



**It costs
\$1,035
per
patient
per day**

... which is equivalent to just over \$3M annually.

**AHS
contributes
57% and we
are
challenged
with
fundraising
the
remaining
\$1.3M
shortfall**



The Hospice Difference

*“Unlike the sobering atmosphere of a hospital, the Foothills Country Hospice emanates sweet solitude and soulful comfort, welcoming terminally ill patients and their families into the warm embrace of hospice care. **It is a merciful stopover on the homestretch of life.**”* – Pat Fream, Journalist - Routes Magazine



According to a 2009 study, **only 16% to 30% of Canadians** who die currently have access to or receive hospice palliative and end-of-life care services -- and even fewer receive grief and bereavement services [an integral part of the high-quality, end-of-life care we provide at the Foothills Country Hospice]. These statistics are even more alarming in rural locations.

- Canadian Hospice Palliative Care Association

Would you like to ensure terminally patients (and their loved ones) receive the end-of-life care they wish for? **HERE'S HOW YOU CAN HELP:**

Financial Donation

Your donation will help fund our palliative programs and support services for patients and their families – where attention is paid to physical needs, expert pain and symptom management, and emotional and spiritual support as our patients prepare for the final phase of their life's journey.

Wish List

There are a few special items that we would love to have to better assist with providing expert palliative care and support to loved ones. If you wish to donate funds towards a specific item, visit our Wish List online at countryhospice.org/wish-list

Third Party Events

From ball tournaments to art shows, BBQs to fashion shows, our friends and neighbours have found creative ways to support end-of-life care in the Foothills. To learn more about organizing a Third-Party Fundraising Event, visit our website at countryhospice.org/third-party

All of us here at the Foothills Country Hospice truly appreciate your support. We believe in providing the utmost care and compassion for those we serve. Together, we are **making a difference for hospice palliative care** in the Foothills.

Celebrating our Supporters

We wish to express our heartfelt **THANKS** to the following people and organizations who have made gifts to our hospice this fiscal year (April 1, 2017 to March 31, 2018). We are most grateful to all our donors and community partners who share in our vision to provide compassionate end-of-life and bereavement care in the Foothills.

Third Party Events

The following list of events represents individuals, families, companies and community organizations who support our programs and services by independently organizing an event and donating the proceeds of their fundraising.

Big Rock Singers Spring Performance
Brushed with Flair Art with Heart
Chinook Honey Company Christmas at the Hive
Darcy the Hawker Jello Sales
COBS Bread, Centennial Village BBQ
Calgary Senior Oilmen's Putting Contest
Ginger Laurier Fashion Show
Okotoks Bone & Biscuit Doggy Pageant
The Order of St. Lazarus Raffle

Annual Donors

This list recognizes the generosity of individuals, foundations, corporations and community groups who have made a contribution of \$500 or more, including gifts-in-kind.

Undisclosed Donations

Ken Warnick

\$500,000+

Alberta Health Services

\$100,000 – \$249,999

Kathryne Lynne Harwood (†)

\$50,000 - \$99,999

David & Leslie Bissett Fund at The Calgary Foundation

\$10,000 - \$49,999

Bar None Ranches Memorial
Burnswest Corporation
Norm Castiglione
Susan Endersby
FCSS, Town of Okotoks
John Guthrie
Ingrid Lippert
Michael Lippert
Eugene Nagai
Okotoks Ford Lincoln
Bev Palko
Royal Canadian Legion #291
Sobeys Okotoks

\$5,000 - \$9,999

Altрек Industries Ltd.
Associated Canadian Travelers - Calgary Club
Big Rock Singers
Hope Bishop
Leslie E. Bissett
Century 21 Foothills Real Estate
Chinook Honey Company
Cottonwood Golf & Country Club
DIRTT Environmental Solutions Ltd
Jane Elizabeth Sampson (†)
Paul & Linda Frederick
Bob & Bev Friesen
David Gilbert
Glenbow Ranching 2004 Ltd.
George Huff
Jetstream Capital Corporation
Cindy K. Kruschel
Fred P. Mannix
Tom & Elaine Mansfield
McFarlane Agencies (1967) Ltd.
Doug & Winny McPhail
MD of Foothills No. 31
Midwest Sports Ltd.
My Family Dental
Okotoks Ford (Wood Automotive Group)
Rob Owens
The Calgary Foundation
Wallace C. Wiebe

\$500-\$4,999

Roger Adams
Agrium Inc.
Alberta Interlake Games
Larry Andrews
Annapolis Capital Limited
Anonymous
Ardiel Agencies
ATCO EPIC
David & Jody Ball
Bar None Ranches Memorial
John & Louise Barlow
Base Contractors Inc.
Milt Baxter
Berrien Associates Ltd.
Leo A. Bertoia
Cathy Binstead
Lydia Brecht
Lenore Breslawski
Robin Burwash
Calgary Communities Against Sexual Abuse
Calgary Flames
McIndoe Family Foundation at The Calgary Foundation
Calgary Polo Club
Canada Diagnostics Centres
Canadian Pacific
Carnmoney Golf Club
Dale Case
Cliff Castiglione
Rick & Aubrey Castiglione
Century 21 Foothills Real Estate
George Chapman
Clay Chattaway
Judy Chermos
Sabrina Cherrington
Christine's No Frills #3944
Diane Clarke
Convergent Technologies Ltd.
Doug Cook Sr.
Cleve Cooper
Fran Coulter
Country Lane Quilters Guild
Laurie & Ian Currie
Eleanor Curzon
Brian Davis

Between April 1, 2017 and March 31, 2018

\$500-\$4,999 (cont'd)

Paul Deadman
 Carol Diakow
 Erwin Dickau
 Mark & Bette Jo Dickie
 Laurel Doetzel
 Jillian Dowding
 Dr. John Lacey
 Drake Landing Dental
 Bob Dubask
 Al & Chantal Eadie
 Ecole Okotoks Junior High School
 Dawn Elliott
 FCSS, Town of Black Diamond
 FCSS, Town of High River
 FCSS, Town of Turner Valley
 Fern Leaf Rebekah Lodge No. 36
 Rick Filipski
 Shirley Fitz-Patreck
 Sandy L. Fokkens
 Fraser Family Foundation
 Doug Fraser
 Charlotte Fredericks
 F.R. Friesen
 George & Margaret Garbutt
 Jeff Germaniuk
 David Gilbert (600)
 Don & Rae Gilbert
 Sharon A. Colins
 Good Time Party Rentals
 Doreen & Derrill Goulet
 Larry Gray
 Marilyn S. Gray
 Great West Life
 Gerald Green
 Alfred Habermeyer
 Curtis Halarewich
 Martin Harder
 Gord Hardy
 Hayes Safety Training Inc.
 Heritage Pointe Golf Club
 Alfred Heschl
 High River Prolife
 Kelly Hodgins
 Sidney Hughes
 Infinite Chartered Accountants
 Investors Group Financial
 Services Inc.
 Barbara & Bob Jack
 Harold & Mary Jeffers
 Harry & Anne Jonker
 K.C. Landscaping & Maintenance

Olive Kelm
 Knights of Columbus Council
 7092
 Orest & Megan Knowalchuk
 Ray & Joyce Kooistra
 Ladies Auxiliary Fraternal Order
 of Eagles
 Stephen Laycraft
 Eloise Lazic
 Paul & Beth Lievaart
 Brent Lock
 Norma Lock
 Mary & Dr. Brian Loe
 Lyle Reeves Funerals Inc.
 Cathy Lyness
 Janine Maffett
 Brad & Tracey Maguire
 Elaine & Tom Mansfield
 Janet N. McDonald
 Prue McDonald
 Jason McFarlane
 Margaret McGill
 Margaret McKelvey
 David McLellan
 Linda McNally
 Gary & Peggy McNeil
 Lori Melnyk
 Elizabeth Mercier
 Mokala Cosmetics
 Mokala Medical
 Loyde Morasch
 Edwin Moss
 Muth & Company LLP
 Natural High Fitness & Athletics
 Jean Nelson
 NGX
 Nurse Next Door
 OCL Group
 Okotoks Collector Car Auction
 Okotoks Eyecare
 Okotoks Recreation Centre
 Okotoks Rotary Club
 Okotoks Urgent Care Physicians
 Group
 Pace Setter Travel & Tours
 (1995) Inc.
 Paige Shaw Catalyst LLP
 Mitesh Patel
 Paypal Charitable Giving Fund
 PBS Financial Systems
 Inc.
 Matt Perkin
 Nancy Peterson
 Terry Pollard
 Anne Powell
 Anne & Robert Powell
 William & Judith Powell
 Colin Pratt
 Ian Pratt
 Priddis Green Golf & Country
 Club

Quantum Hauling Ltd.
 Quigley Electric Ltd.
 Doug & Susan Ramsay
 Sarah Ramsay
 RBC Royal Bank Calgary
 Corridor
 Red Seal Catering
 Dale Redlich
 Trevor & Jodie Reidlinger
 Frances Reiss
 Stan Richmond
 Rivers Edge Golf Club
 Dan Robbins
 Manpreet Rosode
 Saguaro Resources Ltd.
 Ron & Rose Sandul
 Sandul's Pharmacy
 Donna Savartka
 Ron & Marilyn Shannon
 Lynne Sharp
 Shea Nerland LLP
 Colin & Michele Sheedy
 John Sim
 Harpreet Singh
 Howard Smith
 Paul Smith
 Snodgrass Funeral Home
 (High River)
 Southern Alberta Law Offices
 Margaret Southern
 Spot On Kitchen & Bar
 Spruce Meadows Ltd.
 St. Aidans Church
 St. Peters Anglican Church
 Stampede Road Race Society
 William & Maxine Stevenson
 Mira Swiecicki
 Samuel Switzer
 Taenly Office Services Ltd.
 Telus Community Connections
 The Millarville Horticultural
 Club
 Chris Thomas
 David D. Thompson
 United Way of Calgary and
 Area
 Robin & Lisa Vicars
 Village Lane Dental Centre
 Volker Stevin Contracting
 Julie Walker
 Ken & Jane Warnick
 Shannon Warren
 Angie Wedderburn
 Bonnie Wiebe
 Gary Wiebe
 Willow Park Golf & Country Club
 Wolverine Group Inc.
 Fred Woodlock
 Patricia B. Woods
 WWC-Okotoks Ford Lincoln
 Ali Zaheer

Contact Us

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Find us on

