

# Volunteer Newsletter

March 2010



**Changes at the Hospice:** February went good with the patient care training. We will be having our next Patient Care training on Wednesday, March 10<sup>th</sup> from 5 – 6. I am sorry for the constant changes for this in-service.

**Musical Volunteers:** We had a few musical volunteer in January and still are looking for more regular volunteers to come on a regular basis.

**Artists:** I placed an ad in the Western Wheel for local artists to donate art work, paint for patients or even help patients paint or draw. I had a huge response so thank you to the community. I now have to meet with all of them and set up a schedule.

**Canine Visitors:** At the suggestion of volunteers I will be placing posters in the local veterinary clinics. This should bring more puppies and cuddly dogs to the hospice for the patient's and families.

**Kitchen Assistance:** We are still looking for volunteer bakers so if you know anyone who would like to help please let me know.

**Bereavement Support:** We had 42 people sign up for the Bereavement Course and most the attendee's are from the Hospice including volunteers and staff. If anyone wants to be involved in the Bereavement follow up phone calls please let me know. If you missed any courses from last weekend you can wait for the next round in Okotoks or go to Calgary.

**Palliative Care Course:** There will be a Palliative Care Training Course coming up in April in Okotoks. If anyone would like to go for the full course or if you need to make up any courses please let me know. It will be at St. James on Apr 30<sup>th</sup>, May 1<sup>st</sup>, May 7<sup>th</sup> and Saturday May 8<sup>th</sup>.

**Card Making:** A group did some cards so we are good for the ones that the Hospice uses. They are beautiful and thank you so much. I will contact everyone for the next card making.

**Volunteer Meeting:** Our next meeting will be Tuesday, March 23rd from 5 – 6 and we will just have tea/coffee and snacks.



**Fundraising Committee:** If you would like to help in any capacity for the Gala or any other fundraising we are having a meeting Tuesday, March 2<sup>nd</sup> at 6:30. . The Gala is set for Saturday, September 25, 2010.

**Staff and Volunteer Profiles:** We are still missing lots of profiles so if you need another copy of the questions please let me know.

**Cook Book / Inspirations:** I have completed the letters to families for the book and this will be ongoing. We still need all the recipes from the volunteers delicious

**Volunteer Hours:** We still need lots of volunteers for Patient Support and Reception.

**Time Capsule:** We have a few items for the time capsule from families. This will be ongoing and it will take some time for people to respond.

**Reiki/Healing Touch:** This is still in the works and we are waiting for policies to be in place and then we can get started.

**Yoga:** Yoga will be starting this month and I will be sending an e-mail for anyone else that would like to attend. If you received an e-mail from Kasia could you please RSVP to me also so I have a list of who will be attending?

**Visualization Workshop:** We had 16 sign up for this but only about 8 came. It was great and it will be nice to offer this patients and families when it is needed. We will have training and I will let everyone know the date.

